My In-home personal training Price Sheet

Fill in your own rates, costs and prices. Keep it handy for quick quotes.

1. My rates, costs & production time

Calculator setting	My number	Notes
Private sessions (30 min): rate $		
Private sessions (30 min): minutes each		
Private sessions (60 min): rate $		
Private sessions (60 min): minutes each		
Project minimum price $		
Minimum acceptable $ per hour		
Total setup and cleanup minutes		
Costs already included in service rates $		
Vehicle cost per mile $		
Round final quote up to $		
Quote valid for days		

Service + approved extras + additional materials + vehicle charge, subject to project minimum, rounded up. Earnings subtract all tracked costs and include travel time.

2. Service choices & adjustments

Use the free calculator, then copy your own prices below: quotecubby.com/in-home-personal-training/calculator/

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3. Job inputs, add-ons & travel

Job detail / add-on	Quantity / choice / cost	Notes
Private sessions (30 min)		
Private sessions (60 min)		
Approved extra service charges $		
Extra work minutes		
Additional materials billed at cost $		
Total round trip miles, all visits		
Total driving minutes, all visits		

4. My service menu

Service / size	Price $	Est. minutes	Real $/h	Notes
1 session, 30 min				
1 session, 60 min				
4 sessions, 60 min each				

Payment / deposit _____ Cancellation notice _____

Scope / exclusions _____ Price valid until _____

5. Time log: check your estimates

Date	Job	Est. min	Actual min	Costs $	Price $	Real $/h

Notes