My Moving Labor Price Sheet

Fill in your own rates, costs and prices. Keep it handy for quick quotes.

1. My rates, costs & production time

Calculator setting	My number	Notes
Target $ per person-hour		
Your minimum $ per person-hour		
Minimum billable hours		
Setup minutes		
Stairs: extra time %		
Packing help minutes		
Vehicle cost per mile $		
Round up to nearest $		
Quote valid for (days)		

Price = max(hours, minimum) x crew x target rate + trip, with stairs/packing adjustments, rounded up. Labor only.

2. Service choices & adjustments

Stairs / elevator carry?: No / Yes

Packing help included?: No / Yes

Use the free calculator, then copy your own prices below: quotecubby.com/moving-labor/calculator/

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3. Job inputs, add-ons & travel

Job detail / add-on	Quantity / choice / cost	Notes
Estimated hours on site		
Crew size (people)		
Stairs / elevator carry?		
Packing help included?		
Round-trip miles		
Round-trip drive (minutes)		

4. My service menu

Service / size	Price $	Est. minutes	Real $/h	Notes
2 h				
3 h				
4 h				
6 h				

Payment / deposit _____ Cancellation notice _____

Scope / exclusions _____ Price valid until _____

Labor only: customer provides the truck. List packing and stairs separately.

5. Time log: check your estimates

Date	Job	Est. min	Actual min	Costs $	Price $	Real $/h

Notes